BalneoMedCenter Hospital
Medical consultation, diagnosis and treatment center

As one of the largest private hospitals in the South-West region of Romania, we provide clinical expertise and nursing care of the highest quality. By offering the latest technology, and state-of-the-art hospital facilities, we recruit and employ proficient doctors from Romania’s top university hospitals.

Due to its advantageous geographical position, BalneoMedCenter Hospital acts in line with the long-standing balneotherapy history of the northern part of the Vâlcea County. As a result, it profits from the nearby natural resources by making the most of the curative effects of the mineral waters springing in the neighboring town of Călimănești, or of the therapeutic powers of the salty waters released from the proximate Ocnele Mari salt mine.

The hospital is located in the town of Râmnicu Vâlcea, and extends over a surface of 9,000 square meters. Within its premises, patients are being taken care of by specialized medical staff and benefit from state-of-the-art hospital facilities and 4-star accommodation. This places BalneoMedCenter Hospital among the top choices for undertaking medical treatment in Romania at Western standards.
We provide rapid assessment, intervention and treatment for numerous common and complex medical conditions, by making no trade-offs to ensuring the best customized individual care for each patient.

**BalneoMedCenter Hospital** has been delivering top-of-the-art private healthcare services since 2014, and we take pride in our high-quality medical care standards.

We are also concerned about offering comfortable accommodation to our patients by means of:

- **Outstanding room and common spaces facilities** such as private bathrooms, air conditioning units, room access by card, restaurant-like dining room, recreational areas with pool tables, tennis and football tables, indoor and outdoor sport courts etc.;

- **Helpful and professional personnel** ranging from experienced doctors and nurses to receptions and other administrative staff;

- **Technology** of the highest quality.
At BalneoMedCenter Hospital we offer leading clinical expertise across a wide range of specialties, by means of multidisciplinary teams working together in order to formulate comprehensive and accurate diagnoses and provide suitable treatment for all our patients.

As such, our hospital covers the following medical branches:
Medical Rehabilitation (or Medical Recovery)
We provide fully-equipped areas for undertaking physical therapy and sports rehabilitation as well as trained physiotherapists for cardiac rehabilitation, pediatric physiotherapy, treatment of articular (micro-) calcification, tendonitis, spurs, bursitis, lymphatic drainage and treatment of angiomas etc. Among our state-of-the-art therapies and facilities we could mention the pulsating shock waves therapy (which is exclusive to our hospital throughout the Vâlcea county), continuous and pulsating shortwave therapy, laser therapy, physiotherapy, underwater shower, magnetic therapy, electrotherapy, thermotherapy, mineral water baths, salt water pool.
Rheumatology
We treat back and neck pains, strains and sprains, work injuries, sports injuries, post-surgery pains, headaches etc.

Oncology
We provide specialized diagnosis and treatment services.
Gynecology
We provide both general gynecological care as well as management services for more complex cases such as abnormal cervical smears, ovarian cysts and endometriosis.

Neurology
By using a thoroughly put together neurological history of the patient as well as detailed neurological examinations along with appropriate specialized investigations, our neurology specialists attempt to identify the origin of the neurological disturbance and its likely causes.

Psychiatry
Among the targeted disorders we could mention persistent pain, anxiety, depression, phobia and stress, to name but a few.

Respiratory Medicine
It is dedicated to the study of breathing and investigation of a wide range of symptoms including shortness of breath, exercise intolerance, coughing or wheezing and daytime sleepiness.

Cardiology
The hospital is fully equipped with state-of-the-art facilities and offers a complete range of services for a number of cardiovascular conditions, including echocardiograms (an ultrasound scan of the heart), electrophysiology (the use of catheters with a view to analyze the heart’s internal electrical activity) and stress testing (which is used in order to evaluate heart function by combining physical activity with an echocardiogram).
Diabetes

Our Diabetic Foot Clinic is run by a professional multidisciplinary team, providing a comprehensive one-stop service for patients experiencing diabetic foot complications.

Orthopedics

We provide both diagnosis as well as treatment services.

Imaging and X-ray

A wide range of diagnosis services are available including x-ray and 3D / 4D ultrasound as follows: cardiac ultrasound / echocardiography, Doppler ultrasound, carotid ultrasound, abdominal ultrasound, prostate/bladder ultrasound, soft tissue ultrasound, musculoskeletal ultrasound, pediatric cord ultrasound, pediatric hip ultrasound, transfontanellar ultrasound, breast and liver ultrasound including elastography imaging, endorectal ultrasound, pediatric abdominal ultrasound and bone densitometry (DEXA).

General Internal Medicine

The department provides both inpatient and outpatient hospital services for diagnosis and treatment of various ailments such as: abdominal conditions, bowel-related conditions, dyspepsia, pain, chest conditions, asthma, chest infections, general medical conditions, dehydration, neurological conditions, headaches, transient ischaemic attack (TIA).

Pediatrics

The hospital provides both diagnosis and treatment services as well as pediatric physiotherapy (to this purpose we have assembled one of the best teams of physiotherapists in the county).
Geriatrics and gerontology

We provide a full range of medical services and comprehensive care to both hospitalized patients as well as to outpatients. In addition, we also offer medicine consultation services for anti-aging / pro-longevity and well-being of elderly persons, such as:

- Anti-aging clinical expertise;
- Age diagnosis;
- Holistic evaluation capable of supplying a diagnosis of age, carried out by a multidisciplinary team;
- Estimate of individual aging particularities etc.

We also provide therapy for the maintenance of a healthy life, by prescribing antioxidants and by offering personalized nutritional counseling for tailoring of calorie-restricted diets with adequate nutrition values with a view to avoid the cortisol cascade that is triggered by uncontrolled caloric restriction (Caloric Restriction with Adequate Nutrition).
Apart from the above-mentioned main specializations, **BalneoMedCenter Hospital** also offers additional services such as:

### In-house medical analysis laboratory
- Biochemistry;
- Hematology;
- Coagulation.

### Function explorations
Including spirometry, ventilatory function tests, sleep disorders, repeat (titration) and polygraph +EPAP, dilation drug test, Holter ECG and TA, measurements of ankle-arm ABI index and pediatric neuro-audio-screen.

### Medical screening
- Rapid INR determination;
- IMT calculation;
- Glucose tolerance test.

### Hospital pharmacy
It provides medication for inpatients as well as for hospital’s outpatients.

### Geriatric rehabilitation center
The specialized department that is to be found within the **BalneoMedCenter Hospital** provides both specific care services to elderly people but also anti-aging and age management treatments (such as the world-renowned cure with Gerovital which is famous for its extraordinary effects on geriatric patients and the hormone replacement therapy).
Why should one choose this hospital?

Because we take the medical practice to a different level.

As opposed to the widespread traditional paternalistic medical practice, we provide our patients equal rights to medical information as well as encourage them to be part of the decision-making process.